

**Structured Outpatient Programs at Mission Hospital  
1 Hospital Drive, Suite 1300  
Asheville, NC 28801  
Phone 828-213-4696 Fax 828-213-4695**

**Referral for Structured Outpatient Services  
Intensive Outpatient (IOP) and Partial Hospital(PHP)**

Patient Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Cell Ph. \_\_\_\_\_ E-Mail \_\_\_\_\_ Pt. MR# \_\_\_\_\_

Physical Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_ Insurance \_\_\_\_\_

Staff Completing Form \_\_\_\_\_ Phone \_\_\_\_\_

Referring Provider \_\_\_\_\_ E-Mail \_\_\_\_\_

Please check one: General/All inclusive IOP \_\_\_\_\_ PHP \_\_\_\_\_

The Structured Outpatient Program (SOP) is tailored to meet the needs of adults and seniors who need support as a way to prevent the need for inpatient care or as a step down after an inpatient stay. SOP is a more intensive and flexible alternative to traditional outpatient therapy. SOP is primarily an intensive group therapy program where we teach psychotherapeutic skills and education.

Intensive Outpatient Programs (IOP), three days weekly, 9:00-12:30, 5-8 weeks in duration.

Partial Hospitalization Program (PHP), five days weekly, 9:00-2:00 3-4 weeks in duration.

The programs are for adults with a diagnosable mental health condition. Some typical conditions include depression, anxiety, bipolar disorder, PTSD, but not primary substance abuse. Ideal for patients who need *more* than traditional outpatient services, yet do not require inpatient treatment. Medication management is provided by a psychiatrist.

Most all insurances are accepted, including a combination of Medicare/Medicaid. Some insurances may cover both IOP/PHP and some insurances will only cover PHP

Anyone may make a referral. For more questions, please call the program coordinator at 828-213-4696 or fax a referral to 828-213-4695.